

## **Website Disclaimer Information**

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We have an active website as an expression of our passion for wellness and with the hope to be able to help as many people as possible. However, this website is not intended as a substitute for medical care. If you are struggling with mental health, contact a therapist in your area who can better evaluate your situation and provide you with case-specific information for treatment. Also remember, if you are experiencing an emergency, contact 911 or present yourself to your nearest emergency room.

If you have any questions about this disclaimer, please contact our owner, Deb Gritter, at (616) 594-0353 or deb@debgrittercounseling.com. Thanks for reading.

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